



Westglade Primary School

Grow, discover, & blossom

Physical Education Policy

This policy reflects Westglade Primary School's values and philosophy in relation to the teaching and learning of physical education (PE). It sets out a framework within which teaching and non - teaching staff can operate and gives guidance on planning, teaching and assessment.

Intent

PE is a fundamental part of the curriculum in offering children opportunity to keep fit, be active and live healthy. Our PE curriculum aims to ensure that all children develop their physical literacy through fundamental movement skills. We want our pupils to develop competence to excel in a broad range of physical activities including team games, dance, athletics and gymnastics. Through healthy levels of competition, we want our pupils to lead healthy, active lives and feel pride in their sporting successes. In order to promote children's wellbeing, we aim to support our pupils in sustaining physically activity for increasing periods of time.

Implementation

Teaching and learning

At Westglade Primary School PE is taught by specialist teachers who have bespoke skills in delivering the curriculum. External providers are monitored by the PE leader/Senior leadership team to ensure they meet the high expectations our school sets. Classes have at least one dedicated PE curriculum session a week which is timetabled to ensure full coverage of the curriculum by the end of the year. We also provide additional opportunities to be physically active during play and lunchtimes which are led by teaching assistants. These combined to provide children with approximately 2 hours of physically activity across most weeks.

Assessment of Physical Education

Our primary form of assessment in PE is based on observation during lessons and discussion between staff and pupils about progress. Our external providers for swimming and sport/team games use their own assessment system, the outcomes of which are communicated to the class teacher/school. This is then used to inform the teacher assessment on the whole school assessment tracker. The child's achievement in PE is reported to parents on an annual basis.

Equal Opportunities

This subject will be taught in line with the school's equal opportunities policy ensuring that all children will have opportunities to undertake all activities appropriate to their level of ability and with the respect to their background and beliefs.

Health and Safety

- Risk assessments are in place for dance, gymnastics and games where and when appropriate.
- Protective equipment is used when needed for activities (eg. Shin pads).
- EVOLVE assessments undertaken for PE visits and competitions where appropriate.

Impact

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. They will master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. They will have opportunity to participate in team games, developing simple tactics for attacking and defending. They can perform dances using simple movement patterns.

As they move through school, pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognize their own success.

By the time they leave primary education, our pupils should be able to swim competently, confidently and proficiently over a distance of at least 25 meters. They can use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] and perform safe self-rescue in different water-based situations.